

## United States Preventative Task Force (USPTF) Preventive Screening Guidelines

### SMOKING

- Abdominal Aortic Aneurysm-- 1 time screening with Ultrasound
  - Men aged 65-75 with any smoking history
- Lung Cancer Screening-- Annual low dose CT
  - Adults 55-80 with 30 pack year history & still smoke or quit within the past 15 years. If they have not smoked for 15 years, then not needed

### TYPE 2 DIABETES

- Blood glucose levels in adults age 40-70 years old who are overweight or obese

### HYPERTENSION

- Yearly screening starting at 18 years old

### BREAST CANCER

- Biennial mammogram
  - Women aged 50-74
- Genetic counseling/testing
  - Women any age with personal or family history of breast, ovarian, tubal, or peritoneal cancer who have ancestry associated with BRCA1/2

### CERVICAL CANCER

- Pap smear with cytology: Women 21-65 years old
  - Every 3 years for ages 21-29
  - Every 5 years for ages 30-65

### COLORECTAL CANCER

- Colonoscopy in adults 50-75 years old every 10 years without risk factors/family hx (sooner if risks, family hx)

### OSTEOPOROSIS

- DEXA Scan in women 65 and older every 2 years

### STIs

- Chlamydia and gonorrhea-- sexually active women 24 and younger

### HEPATITIS C

- Adults 18- 79 screening recommended or if at high risk

### HIV

- Adults 15-65 screening recommended or if at high risk

### CHILDREN

- Dental caries-- Birth to 5 years old: fluoride varnish starting at age of primary tooth eruption
- Vision screening for amblyopia-- Children 3-5 years old

### Pregnancy

INITIAL VISIT/FIRST TRIMESTER	SECOND TRIMESTER	THIRD TRIMESTER
Hematocrit	MSAFP/ Triple or quad screen	Hematocrit
Blood type and screen	Obstetric US	RPR/VDRL (syphilis)
RPR/VDRL (syphilis)	Amniocentesis if interested	Glucose loading test
Rubella antibody		Group B Strep Culture
Gonorrhea, Chlamydia		
Hep B Surface antigen		
PPD		
Pap smear		
Urinalysis and culture		
VZV titer		
HIV offered		
Early screening for aneuploidy (NT and serum markers)		